



THE  
PERMAH  
WELLBEING  
SURVEY  
CERTIFICATION

ORGANIZATIONAL  
DEBRIEFS

## Help teams and workplaces to thrive even in the midst of struggle.

Backed by science, immediately actionable, and taking less than five minutes to complete, The PERMAH Wellbeing Survey is used by people all over the world to reliably and confidentially measure their wellbeing. Originally created by Drs. Peggy Kern and Michelle McQuaid, the survey provides organizations with a personalized report that assesses a de-identified, aggregated view of their people's:

- States of wellbeing (levels of thriving and struggle)
- Wellbeing AMPlifiers (levels of wellbeing ability, motivation, and psychological safety)
- Individual, team, and organizational PERMAH factors (levels of positive emotion, engagement, relationships, meaning, accomplishment, and health)
- Organizational wellbeing nutrients (levels of diversity and inclusion, belonging, competence, autonomy, resources, and physical safety)
- Workplace outcomes (engagement, satisfaction, and performance)

[CLICK HERE FOR A SAMPLE ORGANIZATIONAL REPORT](#)

While the organizational reports are easy to understand, leaders often want to talk to a wellbeing expert to dive deeper into their findings. As a result, hundreds of organizational debriefs have been provided to workplaces all over the world. If you'd like to be able to safely and confidently provide this service to your clients then this organizational certification is for you.

### CERTIFICATION OVERVIEW

The Certification for Organizational Debriefs gives you the knowledge, tools, and support you need to help teams and organizations make sense of their survey results in ways that are intelligent and actionable and do no harm. You'll learn:

- **The surprising truths about organizational wellbeing** and how to help people practically apply Professor Martin Seligman's PERMAH wellbeing framework through a systems lens of me (individual), we (team), and us (organizational) to surface practical insights and actions.
- **How to quickly create a psychologically safe learning space for sharing**, and why the outcomes of an organization's survey results are not what will make the biggest difference when it comes to caring for wellbeing across their workplace.
- **How to confidently interpret and debrief the survey** and how to help leaders reflect on their organizational results in ways that spark meaningful and sustainable action.

## HOW THE CERTIFICATION WORKS

The certification has been carefully designed to give you the teaching, tools, coaching, and support you need to pass your final assessment.

REQUIREMENT	CONTENT
<p><b>PRE-WORK - Online</b></p> <p>3 Hours Self-Managed Online (unless previously completed)</p>	<ul style="list-style-type: none"><li>• Watch, listen to, or read the PERMAH Training Series (6 x 30-minute modules) and complete the PERMAH Quiz.</li></ul>
<p><b>DAY 1 : AEST - Tues 19th Oct 10am - 2pm / PDT - Mon 18th Oct 5pm - 9pm</b></p> <p>4 Hours Live Class</p>	<p><b>The Surprising Truths About Measuring Individual Wellbeing</b></p> <ul style="list-style-type: none"><li>• The science that shaped The PERMAH Wellbeing Survey.</li><li>• The reliability and validity of the organizational measures.</li><li>• The limitations and cautions, and how we keep learning.</li><li>• The ethical considerations in workplaces.</li></ul>
<p><b>DAY 2 : AEST - Wednesday 20th Oct 10am - 1pm / PDT - Tues 19th Oct 5pm - 8pm</b></p> <p>3 Hours Live Class</p>	<p><b>Debriefing The PERMAH Wellbeing Survey</b></p> <ul style="list-style-type: none"><li>• How The PERMAH Wellbeing Survey for organizations works in practical terms.</li><li>• Watching a live organizational survey debrief unfold.</li><li>• Experimenting with debriefs (you will have 2 x 60-minute opportunities to practice debriefing a classmate).</li><li>• Debrief feedback and questions.</li></ul>
<p><b>DAY 3 : AEST - Thursday 21st Oct 10am - 1pm / PDT - Wed 20th Oct 5pm - 8pm</b></p> <p>3 Hours Live Class</p>	
<p><b>FINAL ASSESSMENT</b></p> <p>2 Hours Live or Pre-Recorded At Time Of Your Choosing</p>	<p><b>Your PERMAH Wellbeing Survey Assessment</b></p> <ul style="list-style-type: none"><li>• Complete 2 x 60-minute debriefs for assessment.</li></ul>

### YOU'LL COME AWAY WITH:



A certification to provide organizational PERMAH Wellbeing Survey debriefs.



A listing on our preferred list of PERMAH Wellbeing Survey debriefers.



Inside knowledge of the questions, calculations, and research behind the survey.



An organizational debrief guide to support your efforts.



Membership in our Wellbeing Lab Learning community.

### PRICING:

Certification \$2,495.00AUD / \$1838 USD

Annual certification renewal \$299.00 AUD / \$220 USD

Ready to take the next step? **Talk with our friendly team to plan your certification today.**